



Support for life's challenges

Symetra SupportSM services to help when needed most



Travel Assistance

Provides pre-trip planning information and emergency assistance while traveling 100 miles or more from home.



Identity Theft Assistance

Provides guidance and support if an identity is stolen—including help with card replacement, translation services, and notification of the incident to the three major credit bureaus.



Beneficiary Assistance

Connects empathetic beneficiary assistance consultants with employees looking for support and guidance following the death of a loved one.



EstateGuidance[®]

A simple, secure and affordable online tool that allows insureds to select and prepare the documents they need for estate planning and final arrangements.



Employee assistance program (EAP) with will preparation

Unlimited telephone access to and up to five face-to-face visits per household per year¹ with licensed counselors who help with things like locating child or elder care, dealing with substance abuse, and managing family relationships.



HealthChampion[®] Health Care Navigation

Guidance consultants are available day and night for individuals on covered disability claims to:

- Answer questions.
- Assist with benefit, billing and claims issues.
- Connect them with health care providers.

For more information, contact your benefits representative.

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Group benefits are insured by Symetra Life Insurance Company, 777 108th Avenue NE, Suite 1200, Bellevue, WA 98004. In New York, group benefits are insured by First Symetra National Life Insurance Company of New York, New York, NY. Mailing address: P.O. Box 34690, Seattle, WA 98124.

Benefits may not be available in all states and are not available in any U.S. territory. Policies may be subject to exclusions, limitations, reductions and termination of benefit provisions.

Travel Assistance, Identity Theft Assistance and Beneficiary Assistance are offered through On Call International. EstateGuidance®, EAP and HealthChampion® are provided by ComPsych. Value-added services may not be available in all states. On Call and ComPsych are not affiliated with Symetra Life Insurance Company or any of its subsidiaries. EstateGuidance® is a registered trademark of ComPsych Corporation.

¹ Not to exceed three visits per person in a six-month period in California.



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